THE HOUSE OF TARG ZINE #67 - ROCKTOBER 2019 WWW.HOUSEOFTARG.COM 1077 BANK STREET PEROGI MENU ON PAGE 3



PINBALL & PEROGIES

1077 BANK STREET OTTAWA, ON

CLASSIC PEROGI MENU

SMALL - 6 PEROGIES \$12 | LARGE - 12 PEROGIES - \$20 includes a traditional cold beet salad, sauerkraut & dill infused sour cream.

LEVEL UP! ADD BACON & SAUTEED ONIONS FOR \$3

THE TRADITIONAL WIZARD PICK

Potato & cheese wrapped lovingly in our delicate secret dough. Simple & comforting. PRO TIP: add bacon & sauteed onions to create the ultimate Wizard fuel.

KICKSTART MY HEARTICHOKE

A Mötley Crüe of ingredients including; artichoke hearts, spinach, roasted garlic, cream cheese & potato.

LE CHAMPIGNON

A mix of seasonal mushrooms, caramalized onions, potatoes, cheddar & roasted garlic wrapped in dough. Super Mario's fave!

KALE 'EM ALL - RE-MASTERED

A new twist on an old fave that appears on our original menu way back in 2014. Potato, kale, roasted garlic & St. Albert's double smoked cheddar. SEEK & DESTROY your hunger.

THE VEGAN

A faux "cheddar & bacon" perogi made with a traditional Polish dough. Served with a dill cashew cream sauce on the side. No beet salad with this one cause it contains honey which ain't vegan. WARNING, CONTAINS NUTS!

FEATURES

PEROGI PIZZA POCKETS

Parmesan dusted perogies in an Italian herbed dough stuffed with potato, pepperoni, tomato and mozzarella cheese. Served with a marinara sauce for dunkin' & a side of red cabbage and apple coleslaw.

SMALL - 6 PEROGIES \$12 | LARGE - 12 PEROGIES - \$20 | KIDS SNACK - 4 PEROGIES (NO COLESLAW) \$6.50

USE THE SCHWARTZ - MTL SMOKED MEAT PEROGI DINNER PLATE - \$15

4 mega sized caraway dough perogies with a potato, sauerkraut, chive & garlic filling topped with a generous portion of MTL SMOKED MEAT, swiss cheese, finished with an an in-house made Cognac mustard drizzle. Bonus dill pickle spear on the side.

LITE & FRESH... BRUSCHETTA PEROGIES - \$8.50

4 handmade potato & cheddar perogies topped with Roma tomatoes, red onion, fresh basil & finished with a balsamic reduction. Served on a bed of spinach & arugula.

SWFFT

THE BIG SWEETIE - \$11

WWW.HOUSEOFTARG.COM

4 oversized & absolutely delightful apple cinnamon brown sugar dessert perogi. Guaranteed to act as a love potion when you share it with a friend.

PUNK'N-PIE PEROGIES - \$11 VEGAN

Our take on a classic fall dessert. Golden fried, PUMPKIN filled perogies served with whipped coconut cream & cranberry coulis. Punk-Ins not dead... at least not until November when these seasonal delights are gone.

PLEASE ORDER AT THE BAR

WORDS FROM THE WIZARD

HEY OTTAWA - WELCOME TO THE

HOUSE OF TARG! We've got a sweet month of arcade action planned for you with exciting new games to explore, delicious varieties of handmade perogies to sample and a calendar packed with every sort of show/event under the sun!! We are very excited to announce that frozen perogi packs are now being offered - each box contains 24 frozen handmade cheddar/potato perogies, cooking instructions and some fun prizes/swag - grab a box and bring the TARG wizard experience home!! Check out our NEW PUMPKIN PIE dessert perogi - available for the month of October but quantities are limited so grab em while they're hot!! We LOVE Halloween and are super excited for our House of ARG Halloween Pirate Party & KROOKED KARNIVAL - check out our PEROGRAM for more info and join us for this annual TARG blowout!!! Thanks for checking out issue #67 of TARG Zine - we hope that you find it useful and entertaining. Thank you for your continued interest and support, we are here to serve you!!!!! #nevergiveup - yogi





COOK 'EM YERSELF!

HANDMADE FROZEN PEROGIES 2GO 24 POTATO & CHEDDAR PER BOX - \$15 THE "WIZARD METHOD" COOKING INSTRUCTIONS INCLUDED! FREE PRIZE INSIDE!

get them at the bar - ask a wizard





GAME: OFF THE WALL YEAR: ATARI 1991 PATH: ****

Here I go again, commentating about those Atari creators. They just can't get enough. CENTIPEDE (1981), SUPER SPRINT (1986), MILLIPEDE (1988), and PITFALL II (1985), have given this video game empire its own pedestal for years to come.

OFF THE WALL is the latest game to come from the mind of Atari. It doubles almost like Taito's ARKANOID, and SUPER BREAKOUT, with a few similar differences. Instead of a vaus, the player controls a paddle. And the blocks are replaced by very small squares. The plan is simple: the player has to get to a space marked EXIT but must fight through the maze of small squares to reach this destination. Destroy the squares for points, and keep the paddle in front of the ball. You will lose a life if the ball evades you.

The ball starts off slow in OFF THE WALL, then starts to

accelerate in speed upon being continuously hit. When hit by the paddle 3 times, the ball splits into two. Use the split to your advantage to hit as many squarest as you can. When the ball reaches the EXIT, the maze explodes, causing the remaining blocks to be destroyed and adding the remaining bonus to your score.

Some squares contain capsule power-ups, just like in ARKANOID:

B-Expands Paddle

C-Catches Ball

E-Extra Ball

F-Fire Power (Shoots Fire Balls Instead of

I-Invinci Ball (Goes Through Anything)

S-Slows Ball Down.

In some waves, some blocks will maneuver around in random fashion, while others are invisible. You'll find the game a lot more fun with two players. After Level 60, the game starts again with increased difficulty.

Happy Thanksgiving, gamers! See you next month!



ABOUT PROFESSOR BERNIE VIDEO GAME PHD.

He's a TARG fixture & can be found at the TVs watching his beloved Senators or rippin' it up on Classic Vid Games. He's a bit of a "chip-nut" so bring him a bag of All-Dressed and he might give you some valuable vid tips in exchange.





Released in 1995 by SECA, MARY SHELLEY'S FRANKENSTEIN was designed by John Borg whose resume features some heavy hitters including Tales from The Crypt, Iron Man, TRON, Metallica, The Walking Dead, and more.

In this month's lesson I'll be going over the game's main mode function, known as 'Creation Scenes'. Armed with this knowledge, maybe YOU could reach the winner's podium at the next House of TARG Monthly Pinball Tournament?!

creation scenes

- Modes are started by completing all 12 FRANKENSTEIN standups or via a random Ice Cave award.
- Letters can be spotted by shooting the North Pole, Sarcophagus, or Ice Cave.
- The FRANKENSTEIN letters in the bottom center of the display indicate which letters are lit and unlit.
- You are awarded 20M points for starting a scene. All points collected in the scene are awarded immediately.
- Depending on how far you get in a given scene, you can be awarded a CREATION letter. This is the ultimate goal of each scene.



There are eight scenes indicated in a circular pattern on the playfield. 'Frankenstein Millions' is always the
first lit. You advance clockwise one spot by ending a mode or by hitting the 'Move Scene' target.

wizard mode

After finishing all eight modes, the scene indicators all flash. You are awarded 100M times the number of CREATION letters you have collected.

Extra Ball and Double Bonus are lit. Then, a 6-ball multiball starts where all switches are worth 1M points each, with the North Pole worth 10M and the ramp worth 20M. You also get 100M each time you spell FRANKENSTEIN.

Any drained balls are relaunched, and Super Kickback is active. After 60 seconds, all balls drain and your CREATION multiball total is displayed.



Think back to any cheezy monster movie you have ever seen, and you should remember a device consisting of two metal poles and a blue electrical pulse connecting them, starting at the base and rising up to the top. The display shows a similar device with the values 5M, 10M, 15M, and 20M between the poles, and an electrical arc shifting among them. Throw the switch (or press both flippers) to receive the shown award and to launch the ball. The arc always starts at 5M, and steps to 10M, 15M, and 20M in order. Then it hops about quickly on and/or between the values. If you throw the switch while the arc is between values, you receive only 1M.

TARC MONTHLY PINBALL TOURNAMENTS

USE YOUR NEW FOUND LOST WORLD
KNOWLEDGE TO COMPETE AT THE NEXT TARG
MONTHLY PINBALL TOURNAMENTS ON WED OCT
9 & WED NOV 6 - ALL AGES & SKILL LEVELS
WELCOME. REGISTER BEFORE 8PM.
JOIN US FOR SOME MOSTEROUS GOOD TIMES
- MONTY

PRINCE PROGRES

EVERY WEDNESDAY THIS MONTH

THE PRINCE PROGRES

FRANCE PROGRES

EVERY WEDNESDAY THIS MONTH

THE PRINCE PRINCE

EVERY WEDNESDAY

EVERY WE

EVERY WEDNESDAY



EVERY THURSDAY



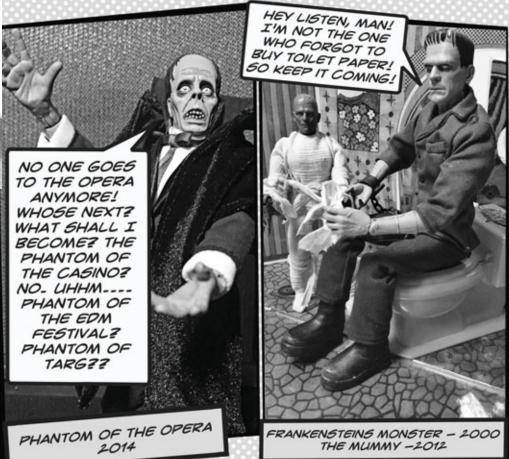


STUTTER?



WELCOME TO THE SECRET WORLD OF MY









PEROGRAM

A GUIDE TO ALL THE CONCERTS TAKING PLACE AT HOUSE OF TARG THIS ROCKTOBER.

WED OCT 2 - House of TARG and PBR present: VIDEO GAME MUSIC LIVE w/ F8-BIT Yep it's true - the amazingly talented F8-BIT, Ottawa's hottest & most creative musicians, perform brilliant LIVE renditions of you fave video game music - all ages welcome - a concert the whole family can enjoy!! ***50% OFF PEROGIES FROM OUR CLASSIC MENU EVERY WEDNESDAY THIS MONTH!!***

THUR OCT 3 - House of TARG, CHORD Productions presents CAPTURED! BY ROBOTS (San Francisco Grindcore played by real robots) + BEHOLD... THE ARCTOPUS (NYC Instrumental Metal) + DYSRHYTHMIA (NYC Prog/Instrumental Metal) + ALGORIDDEMZ (Cybernetic Entertainment unit of the future). CAPTURED! BY ROBOTS music is played live, physically by the 2 robots, GTRBOT666 and DRMBOT0110 + the human slave JBOT. ***SHOW OF THE YEAR***

FRI OCT 4 - House of TARG and Beaus All Natural present:80's DANCE PARTY w/ DJ Remi Royale + musical guests THE JOHN HUGHES ORCHESTRA (80's New Wave Tribute) the most authentic 80's dance party in the universe is back and everyone's invited!!!! ***DANCE PARTY***

SAT OCT 5 - House of TARG, Val Halla Holdings present: METALIAN (MTL True Metal) + MARECAGES (Quebec Sludge Metal). Dj Valhalla. Dueling guitars, thundering drums, pounding bass, and true falsetto vocals, they show that old school metal is still alive, and very, very, very strong. Expect 2 killer sets from TARG faves METALIAN. ROCTOBER ***VORTEX RECORD RELEASE SHOW***

WED OCT 9 - House of TARG, STERN Army, Ottawa Punk Pinball and PBR present: MONTHLY PINBALL TOURNAMENT - win prizes and earn world pinball player ranking points - all ages and skill levels welcome!! Tournament starts at 8pm sharp - show up early to register/practice ***50% OFF ANY ORDER OF HANDMADE PEROGIES OFF OUR CLASSIC MENU EVERY WEDNESDAY AT TARGU***

THURS OCT 10 -House of TARG and Ottawa Pinball presents: ARCADE NITE!! No Bands, No cover, No worries!! Admission is free and all ages are welcome ***BEER SPECIAL: AMSTERDAM 3 SPEED LAGER 568 ML \$6.50 EVERY THURSDAY.***

FRI OCT 11 - House of TARG, Chord Productions and Beau's All Natural present: REANIMATOR (MTL Thrash + CHEMICIDE (Costa Rica Thrash) + CRUEL FATE (Old School Death Metal from Ottawa) + DOMINATION (Ottawa Thrash) thrash thrash

SAT OCT 12 - House of TARG, Kevin Knows Productions and Ashton Brewing present: DANCE MIX '95 - 90s Pop, Eurodance & Hip Hop Dance Party!! An evening of dance/pop tunes inspired by the Muchmusic Dance Mix compilations of the 90s with the occasional detours into 90s hip hop & Eurodance.... A clubbers paradise! ***FUN FUN FUN***

WED OCT 16 - House of TARG, Spectrasonic and Beaus's All Natural present: BLACK MASTIFF (Edmonton Stoner Rock) w/sg CHRON GOBLIN (Calgary rock n roll) + more super heavy stoner riffin' action on a Wednesday night? #ROCTOBER Yes please!!***50% OFF PEROGIES FROM OUR CLASSIC MENU EVERY WEDNESDAY IN AUGUST!!**

THURS OCT 17 -House of TARG and Ottawa Pinball presents: ARCADE NITE!! No Bands, No cover, No worries!! Admission is free and all ages are welcome ***BEER SPECIAL: AMSTERDAM 3 SPEED LAGER 568 ML \$6.50 EVERY THURSDAY.***

FRI OCT 18 - House of TARG and Beaus All

Natural present: 80's DANCE PARTY w/ DJ Remi Royale + musical guests ON VISION (80's Pop Hitz Live) the most authentic 80's dance party in the universe is back and everyone's invited!!!! Dance the night away to all your 80's favourite tunes brought to you by our very own wizard and DJ REMI ROYALE!! Singalongs, lasers galore PLUS live tribute bands!! ***DANCE PARTY***

SAT OCT 19 - House of TARG, Chord
Productions and Ashton Brewing present: THE
WELL (Ustin Texas Psychedelic Doom Rock) w/
sg THE APHELION (Ottawa Space Rock) + BLACK
GALAXY (Ottawa Metal) + KING SWAN + OPIUM
WINTER (Ottawa Sludge Rock). Heavy doom,
spaced out psychedelia and metal wizards set
out on an intergalactic highway of fuzzed out
stoner goodness ***ROCKTOBER***

WED OCT 23 - House of TARG presents: THE JINS (Vancouver Grunge Fun Rock) + LUNA LI (TO Indie) + XIL (Ottawa indie/Alt Grunge) + HEIGHTS PEAK (Ottawa Alt Rock) and mixed indie showcase featuring Canada's newest up and coming band wizards #ROCKTOBER ***50% OFF ANY ORDER OF OUR HANDMADE PEROGIES EVERY WED AT TARG!!***

THUR OCT 24 - House of TARG and Whitewater Brewing present: POSSUM (TO psych/garage) w/sg DEUX TROIS (Kingston Post punk/New wave) + THE FREQUENCIES (OTT GARAGE/PSYCH/PROG) don't miss this killer psych/garage bill featuring a sweet mix of exciting new talent - awesome!!! #ROCKTOBER ***EARLY START/EARLY FINISH***

FRI OCT 25 - House of TARG, Spectrasonic and Beau's All Natural present: HALLOWEEN EMOCORE 4 - TOUCHE AMORE (by Home Away From Here) + PARAMORE (by Mosely) + FALL OUT BOY (by No Hits) + EMO NIGHT LIVE (by Rydell) It's that fun time of year when you get to dress up for prizes, eat candy, party and see all your fave local bands pay tribute to the emocore bands that got you thru all those tuff times. #ROCKTOBER ***FUN FUN FUN***

SAT OCT 26 - House of TARG, Shade Nyx and Ashton Brewing present: BURLESQUE NIGHT: Girl, Girls, Girls & Ghouls. 4th Annual Halloween Edition!! Shade Nyx's Theatre Macabre is back for our 4th Annual Halloween Burlesque Extravaganza! Join us for an extra Macabre edition of your favourite Ottawa Performers!

ADULT CONTENT

SUN OCT 27 - Switched on Synths, Toughen Up present: FREE-PLAY SUNDAY: SYNTHWAVE EDITION! A Retro-Futuristic Arcade Takeover...

SynthWave Djs + Unlimited Arcade FreePlay Action + Mega Rad Visuals on the TeeVees + Perogies

Served Late - Adults Only! \$6 19 + 8pm - 2am

HALLOWEEN COSTUME PARTY*

THURS OCT 31 - House of TARG and Whitewater Brewing present: House of "ARG" Halloween PIRATE PARTY! Hornswaggle Pirate Themed Carnival Games for Prizes & Booty. Drink wizard Grog. Receive treasure for good costume and see a MISFITS tribute band... it all takes place on the House of ARG Pirate ship. Our favourite night of the year, served up with a brand new twist - rated aRRRRR!!! ***TARG OFFICIAL HALLOWEEN PARTY***

FRI NOV 1 - House of TARG and Beaus All Natural present: 80's DANCE PARTY w/ DJ Remi Royale + British POP Edition musical guests THE START (Live 80s British rock, pop and R&B) - Ottawa's fun tribute to 80's era British rock, pop and R&B - covering bands like David Bowie, Elvis Costello, Tears For Fears, The Cure, Queen, New Order, Pet Shop Boys, Billy Idol, and so many more! The most authentic 80's dance party in the universe is back and everyone's invited!!!! Dance the night away to all your 80's favourite tunes brought to you by our very own wizard and DJ REMI ROYALE!! Singalongs, lasers galore ***DANCE PARTY**

SAT NOV 2 - House of TARG and Ashton Brewing present: BIG SHINY TUNES LIVE! ONE YEAR ANNIVERSARY + WEEZER TRIBUTE MEGA SHOW W VJ Jeff The Temp and musical guests SLEEZER (Kingston Weezer Tribute) performances of THE "BLUE ALBUM" and "PINKERTON" from front to back, with a smattering of greatest hits in between! VJ JEFF plays all of you fave 90s music vids on the big screen. PRO TIP - Brush up on your 90's music trivia, VJ Jeff The Temp has some wild prizes to give away to nostalgic brainiacs!!!!!

FREEPLAY - EVERY SUNDAY NITE - House of TARG, Collective Arts Brewing present: TOUGHEN UP! w/DJ KJMAXX - Every Sunday night DJ KJMAXX & Guests, spinning 100% vinyl arcade jamz. All pins & vids are set to FREEPLAY mode starting at 8pm for your unlimited arcade pleasure. ***FREEPLAY SUNDAY***



BANDITAS BANDITAS

Last Drag Records 2005

This self-titled full-length from Ottawa post-punk trio Banditas was released on Last Drag Records in 2005. It was recorded at the band's rehearsal space on Arthur St. in February of that year, and mixed by Phil S. Bova at Bova Sound. Banditas is made up of longtime fixtures on the Ottawa scene: Liz McDermott on vocals and guitar, Scott Terry on guitar, and Colin Vincent on drums. There's not enough room here to start listing their other projects over the years.

From the opening track "Fighting Girl", the band lays it all out on the table. McDermott's aggressive vocals, an unrelenting twin guitar attack, and Vincent's rolling, thumping drums propel these songs along at a quick pace. The guitar playing of Terry provides most of the hooks here, and some nicely placed backup vocals betray a musical sensibility not always evident through an overall production that leans to the lo-fi side.

Apart from the opener, standout tracks include "Tubular Balls", "San Francisco" and "Post No Bills", which features a quest vocal from Mighty



Eagle Band frontman and Last Drag head honcho Neal Johnstone.

For me, this album evokes early Killing Joke, Hüsker Dü, and Montreal contemporaries Starvin' Hungry. The music is loud, and would be right at home blasting out of any university basement or garage, but the underlying melodies and musicality of the songs also had me thinking of very early REM, and I even got a hint of something like Portishead once or twice.

This is a great record for anytime you need a bit of an energy boost, or for keeping you awake barreling down the highway on your next road trip. I think it should be fairly easy to find around town, I've seen copies in more than a couple of record stores and you may also be able to pick one up the next time the band plays live (they are still active). You can also buy a digital version on their Bandcamp page if you can't wait to stumble across the vinyl. Either way, if you like noisy rock 'n roll, you need this slab of Ottawa in your collection!

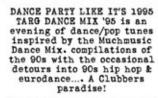


Larry is one of the owners of Meow!
That's Hot Kitchen + Bar at 519 Bank
St., where they feature local products
and spin Canadian vinyl all day, every
day. He also performs bass duties with
local hardcore heroes Slim and Popular,
and rockers Thunderuncle.

WICKED SHOWS ALERT

GUARANTEED HEAVY
The only guarantees in life
are death, taxes & MTL
headbangers METALIAN putting
on jaw-dropping display of
Judas Priest inspired TRUE
METAL when they perform live.
Expect 2 sets from these
metal maniacs Sat Oct 5

CALLING ALL WIZARDS
Did you know we have
friendly pinball
tournaments every month?
All Ages and All Skill
Levels are Welcome. Win
prizes & IPPA World Pinball
Player Ranking points:
Register before 8pm.











GIRLS,GIRLS,GIRLS & GHOULS SHADE NYX is back with her 4th Annual Halloween Burlesque Extravaganza! Get into the SPIRIT of Halloween with Ottawa's best Burlesque, Drag & Bellydance performers.



MATCH WITS WITH WIZARD
PIRATES. How can we make our
legendary HALLOWEEN Karnival
MORE KROOKED?... hire some
Pirates to run the games of
chance, thats how! Board the
House of "ARG" Pirate Ship to
win cool Booty, drink wizard
Grog, receive treasure for
good costume and see a MISPITS
tribute band????



FREE-PLAY SUNDAY - BEST DAY Every Sunday 8pm 19+ you can enjoy unlimited areade action on all 40+ pinball & classic video game machines for just \$6. DJ KJMAXX

for just \$6. DJ KJMAXX
provides the soundtrack to
your hi-score pursuits
playing the best sleaze
rock, metal & retro synth
arcade jamz on on WAX.





AN INTERVIEW WITH

STEPH HERMAN

OCCUPATION: MOM, PROGRAM OFFICER FOR CANADA BORDER SERVICES AGENCY, DRUMMER IN AVERAGE TIMES, OWNER OF KNOTTY HANGS (FIBER ART, WALL HANGINGS, MACRAME)

Steph is a big part of the Ottawa underground music community... she is the drummer in everybody's fave garage rock band AVERAGE TIMES & mentors young women at Ottawa Rock Camp for Girls. Her awesome band still manages to play shows and put out records despite her busy commitments as a mom and working in the Federal Gov & if that isn't enough she also finds time to create fibre art which she sells online at www.etsy.com/ca/shop/KnottyHangs. Steph Rules!

WHAT JOBS AND EXPERIENCES HAVE LED TO YOUR PRESENT POSITION(S)?

I like to use the quote from Wayne's World where he's proudly showcasing his bulletin board full of name tags and hair nets (at his parents house cause he's still living in their basement) and he goes "I've worked a lot of Joe jobs, nothing I would consider a career". I pretty much had a handful of jobs before landing a permanent position with the federal government. I started working at the ripe age of 16, selling tickets and serving popcorn at the local movie theater in Orleans (where I grew up). After moving out at 18 and while attending college, I worked at the local Blockbuster Video Store part-time (what can I say, I love movies!). I later worked for a 3rd party Reservations Company while also slinging suds at Derringers Bar in Vanier. I then got a job working as a Bell Collections Agent which was equal parts stressful and depressing but having all that experience reflected on my resume eventually led to the start of my career with the Canada Border Services Agency in 2008.

WHAT DOES A TYPICAL WORK DAY ENTAIL FOR YOU?

Well my mornings tend to be a bit of a shit show trying to get ready (shower, eat something) while simultaneously taking care of my super cute but clingy toddler Brixton (Brix). When I do finally arrive at work, I typically hunker down in my cubicle for the duration of my morning, checking emails and going over my ever growing to-do list which can range from responding to tasks from senior management to attending meetings and writing out records of decision. Once the 9-5 is done. I am very privileged to get to go home and spend time with my family. I play with Brix and help prepare our earlybird dinner with him and my ultra talented partner Curtis (check out his work in the comic section of this zine!) Once Brix is down for the evening, I start working on my side hustle, Knotty Hangs (macramé, fiber art, wall hangings, plant hangers etc.). I am currently working on a couple of custom orders and prepping for an upcoming fall artisan market so my evenings are pretty busy!

TELL US ABOUT A PROJECT OR ACCOMPLISHMENT THAT YOU CONSIDER TO BE SIGNIFICANT IN YOUR CAREER.

In reference to working at the CBSA, I feel pretty good about the fact that I have worked my way up (through various competitions etc.) to the position I am currently in. In my personal life, I had always envisioned myself playing in a band (since junior high) and after taking singing, keyboard and guitar lessons I ended up playing drums and eventually started the band Average Times with Curtis in my 20's. We've played so many awesome

shows around Ottawa, Montreal and Toronto, including Bluesfest (band highlight). Another significant highlight stemming from that was the fact that I was able to participate in Ottawa Rock Camp for Girls. I volunteered for several years as a drum "teacher" and being a part of that, helping empower young girls, was just such a wonderful and inspiring experience. I am also very proud of myself for taking the leap and starting my own side business as a fiberart / macramé artist. It's only been about half a year but I am hustling and really enjoying it!

WHAT DO YOU LIKE MOST ABOUT WORKING IN YOUR INDUSTRY?

In reference to my 9-5, at the moment, I mostly appreciate the work-life balance my current position allows me. Over the last 10 years, I have worked my way up and while I do have busy days, I am able to be a bit more flexible with my hours and/or work from home when needed. This balance alleviates some of the stress and guilt that can coincide with being a working mom because I am lucky enough to leave work at work and truly focus on my family (and various side-gigs). I was always of the mind that you work to live (not live to work). I think this is partially due to the fact that my dad used to spout off that saying all the time but mostly I just never really narrowed down my dream job (aside from singing in a band – now I play drums in a band AND sing!) I moved out of my mom's house right at 18, so like many others, I've always hustled in order to pay the bills so I pretty much just applied myself and worked hard and now here I am. I also tend to crave stability which is one of the main reasons I applied for a government job in the first place. While I have experienced a few "shake-ups", I know that my job is pretty well protected. I am so lucky to feel like kind of stability and to have been able to take time off when needed (i.e. my recent maternity leave!) The federal government is also such a diverse and inclusive place to work. They have definitely come a long way even since I started 12 years ago! Many poc and females are in charge and there is a strong focus on honouring those who represent as LGBTQ. I am super proud to have worked for and learned from some of these powerful and influential executives.

HOW DO YOU BEST SEEK OUT OPPORTUNITIES FOR NEW PROJECTS?

At my day job, I am always on the lookout for the latest opportunity to further my career! I subscribe to daily internal job callout letters and I make every attempt to attend mentoring workshops as well as training seminars offered through my branch. I will actually be participating in a "Women's Advisory Committee Speed Mentoring Event" in a couple of weeks which I'm pretty jazzed about. I really appreciate the feedback and input I've received over the years from female executives I've either worked for directly or indirectly.

HOW DO YOU KEEP UP WITH THE LATEST NEWS IN YOUR LINE OF WORK?

We have daily internal communications reports that provide info on various border seizures or incidents that occur and highlights any relevant changes in the organization as well as advertises any upcoming events, seminars, etc. In reference to Knotty Hangs, I take inspiration from other artists via social media and creative, hard-working members of the community. For band stuff, I do my best to go to shows (now that I have a baby at home I go a bit less but I try) and I am always blown away by the local talent. I definitely take notes when watching other musicians play. .

WHAT WOULD YOU TELL SOMEONE ABOUT TO START A CAREER IN YOUR FIELD?

If you are looking to get into the government, I would highly recommend applying to everything and anything that seems interesting and aligns with your skillset. Once you get in you have access to internal competitions and honestly, I have found that many of my skills are super transferable (communication, coordination, administration, organization etc.). I have yet to get into the real nitty gritty of the macramé business but I can definitely say to anyone who is looking to start a side hustle that if you love what you're doing, just keep doing it!

WHERE CAN WE FIND YOU ONLINE?

Business Instagram: @knotty_hangs Music Instagram: @averagetimesrule



ABOUT THE INTERVIEWER: Sheila is a TARG Perogi Wizard alumni & is involved in the local music scene as a promoter & aspiring sound tech.

ACROSS THE STREET BY JOSH STAFFORD



SUPER, SPOOKY, SCREENINGS IN OCTOBER!

Halloween Month is a favourite time of year for Mayfair patrons...

Although we're always bringing fun stuff to our screen, the weeks leading up to All Hallows' Eve always unleash extra special programming. This year is no different.



CEREAL KILLERS

For the first time, on October 12th, we are showcasing a Halloween themed SATURDAY MORNING ALL-YOU-CAN-EAT-CEREAL CARTOON PARTY!

The program is a surprise, but we guarantee retro favourites, fun commercials, and a sugary cereal buffet!



THE CURSE OF BUCKOUT ROAD

- Blood in the Snow Canadian Film Fest: Best Film, and Best Screenplay award winner! Producer John Gillespie will be in attendance

for a pair of screenings of this urban legends horror on October 17th!



BLACK CHRISTMAS

- Christmas is coming early this year! And it's murder! The original 1974 Canadian classic screens on October 17th! An

immense influence on the horror genre to follow, ranging from Halloween to Scream!

UP ALL NIGHT FEST 2 - What might have been a once in a lifetime movie marathon last year, returns on October 19th! From the depths of discount video store bins, can you survive Hamilton Trash Cinema's slumber party of horrific

proportions? An epic 12 hours of overnight VHS mayhem and analog carnage!



UNDER ConTROLL

- Years back we screened the amazing documentary Best Worst Movie, and its legendarily horrible influence, Troll 2. On October 24th we have the Ottawa Premiere of this so-bad-it's-

hilarious horror fantasy, with the connection of having trolls in it, and an appearance by Friend-of-Mayfair George Hardy (reprising his Troll 2 character from 1990).



THE ROCKY
HORROR PICTURE
SHOW - On October
25th, 26th, and
31st, everyone's
favourite midnight
movie queen
Halloween tradition
returns, hosted by
the spectacular
Absent Friends

Shadow Cast! Not to guilt trip anyone into enjoying this classic, but we are under threat of Disney locking up this 20th Century Fox acquisition away from the big screen forever!



THE EVIL DEAD - The ultimate experience in grueling terror! Sam Raimi's 1981 no-budget DIY masterpiece is back with a 4k restoration on October 29th and 30th! If that wasn't

enough enticement, there's also a new sound mix, and a reimagined score from original composer, Joe LoDuca!

Overflowing from Halloween Month, we have a pair of chilling screenings in the first days of November that couldn't be squeezed in!



FREAKS - The
Paris International
Fantastic Film
Fest: Best Besture
Film, and Audience
Award winner
makes its Ottawa
Premiere the week
of November 1st!
Creepy sci-fi twists

abound as a girl uncovers a bizarre threat from a mysterious new world!



VAMPYR - Another Mayfair favourite returns on November 2nd, a rarely seen 1932 silent movie with live music, originally released the same year as our

cinema opened! A Smoque Shack / Collective Arts Brewing Movie Night (with a menu item and beer available at the candy bar), featuring music by VOC Silent Film Harmonic!

See you throughout (and a little after) Halloween Month!

Stay tuned, we might have some last minute bookings for the season too www.mayfairtheatre.ca



DEAR SLO' TOM: I think I made a pretty brutal work boo boo. I'd like to protect the integrity of the establishment by not mentioning the name but it's a bar and they have pinball machines & perogies... anyhoo...the other day one of the bartenders had to take a dump so I agreed to watch the bar while he was TCBing. I was concerned someone might order something complicated (I'm really good at opening cans of beer but not so good at making fancy drinks) so sure enough, as soon as he left a patron ordered some weird shot that I had no clue how to make. I think they asked for a PORN STAR (what the hell is that right?) - so I just grabbed 2 random bottles and mixed them... I'm no rocket mixologist but I don't think IRISH BAILEYS & SOUR PUSS are part of the recipe let alone go well together. Should I come clean and tell someone, should I take a bar tending course, should I try to find the customer and apologies for the crappy drink? Signed, Mixed-Drinks-Mixed-Fmotions

DEAR BEARDED WIZARD: cut the crap, I know it is you YOU! Ok take a deep breath, everything is gonna be OK. Firstly people who order things like a "Slippery Nipple", "Gorilla Puke", "Sex On the Beach" or an "Eggermeister" clearly have never been to a bar

before so it doesn't matter what you serve them... they have no frame of reference. The drink you made sounds pretty gross but on a positive note you probably turned them off shots for life - which could potential save them from finding out first hand if they actually do serve McDonalds Breakfast at the Kanata Drunk tank on Sunday mornings (they do BTW) or end up being the subject of a 9M views Youtube clip like that awesome "Drunkest Guy Ever Goes For More Beer" one. Anyhow everyone knows 90% of a good shot is all about a snappy name.... Baileys & Sour Puss eh? Sounds to me like you just invented the "RETIRED Porn Star" shot.

DEAR MR. SLO' TOM: I need election advice... is it just me or is there NOBODY TO VOTE FOR? Signed – BallotBlues

I HEAR BALLOTBLUES. There is definitely NOBODY TO VOTE FOR. There is that one guy who lied about being an insurance salesman - whats up with that? Why not lie about being a Ninja or something cool? Then there is the current PM who is always on TV boxing or wearing the wrong costumes at parties & work trips... what a loser right? There is also that dude who was in GQ magazine - can a prime minister be that cool, handsome & fashionable? Seems weird to me. That environment women is great but I think she went to Ottawa U... I know some folks who went there so it must mean she couldn't get in anywhere else. BUT... all of the candidates have their good points too so this year your strategy should be.... wait for it.... vote for them all. Put an X beside all of the names and at least one your horses will cross the finish line first. Democracy is about choice so why not choose 'em all.





PHOTO BY: ANDREW CHRISTIAN CARVER www.natcaprock.biogspot.com

TARG PIN UP - ROCKTOBER 2019

COCTOBER 2019EVENTS AT HOUSE OF TARG MO













ARCADE ACTION 8PM / 19+



SpaceMan

PEROGIE 1/2 PRICE PEROGIES EVERY WED THIS MONTH

ALL AGES WELCOME

BEHOLD...THE ARCTOPUS + Dysrhythmia + Algoriddemz

METAL SHOW OF THE YEAR

REAL ROBOTS PERFORMING 3

GRINDCORE LIVE

W/DJ REMI ROYALE THE JOHN HUGHES ORCHESTRA + PERMANENT RECORD VIOLENT FEMMES TRIB

TRUE METAL + SLUDGE METAL

MARECAGES



ARCADE ACTION 8PM / 19+



21

PINBALL REGISTER BY 8PM \$1 ENTRY PEE 1/2 PRICE PEROGIES C ALL AGES/ALL-SKILL LEVELS

ARCADE NIGHT NO BANDS, NO COVER, GAME ON

FREE / ALL AGES

REMIMAION + CRUEL FATE + DOMINATION THRASH METAL

AN OLD SCHOOL CLUBBER'S PARADISE!

THE APHELION + BLACK GALAXY + KING SWAN + OPIUM WINTER

SPACE METAL

SHADE NYX' PRESENTS

ARCADE ACTION

FREEPLAY

8PM / 19+

PEROGI KITCHEN Serving until 30min before close

LATE NITE MENU Available on the weekends

HOURS

MON - TUES: Closed

FRI: 5pm - 2am

SAT: 11am - 2am

SUN: 11am - late

BRUNCH

EVERY SUNDAY

11 am - 2 pm

WED - THURS: 5pm - 12am

ALL AGES WELCOME BEFORE SHOWTIME

ARCADE Games are always on when our doors are open

HOUSE OF TARG 1077 Bank Street K1S 3W9

613.680.TARG (8274) www.houseoftarg.com

BLACK* CHRON GOBLIN PLUS MORE TBA

STONER ROCK

ARCADE NIGHT NO BANDS, NO COVER, GAME ON

FREE / ALL AGES

TORONTO KRAUTROCK

W/DJ REMI ROYALE

ONE VISION (80'S POP HITZ LIVE

THE MOST AUTHENTIC 80S PARTY IN THE WORLD

THE MUSIC OF: TOUCHE AMORE + PARAMORE + FALL OUT BOY + EMO NIGHT LIVE PERFORMED BY LOCAL FAVES

EMOCORE

GIRLS, GIRLS, GIRLS & GHOULS

4TH ANNUAL HALLOWEEN

UNLIMITED ARCADE ACTION 8pm / 19+



29

THE HEIGHTS PEAK VANCOUVER GRUNGE

U SSIV + THE FREQUENCIES

PSYCH

W/DJ REMI ROYALE

THE START (LIVE BRITISH 80s POP. ROCK, R&B)

BRITISH 80s POP EDITION

SLEEZER (LIVE WEEZER) + VJ JEFF THE TEMP

LIVE WEEZER TRIB.

ARCADE ACTION 8PM / 19+



CKCUE

closed



NO BANDS, NO COVER

8pm

HOUSE OF ARG THE OFFICIAL TARG HALLOWEEN PARTY

24